

# Earth Day



People can help the Earth by not littering, planting, recycling, using less water, use eco-friendly products, and instead of using gas which causes pollution switch to electric or hand powered lawn equipment. Other ways to help the Earth is by not wasting paper because they cut too many trees and we need trees to breathe. Also by conserving water, reducing the use of oil, embracing green energy and reducing meat consumption.

Our planet faces many problems such as biodiversity loss, plastic and air pollution, climate change-induced disasters. For example, Global Warming from fossil fuels, another year marked by record-breaking heatwaves and catastrophic extreme weather events has just concluded with 2025, set to be among the three warmest on record. This wraps up more than a decade of unprecedented heat globally fuelled by human activities. Another problem is our oceans which are filled with plastic and becoming more acidic destroying the coral reefs that sustain marine life.

My actions can make a difference by picking up trash at a park or beach. Also by reducing plastic use and growing our own food and fruit, for example, tomatoes, apples, carrots, strawberries, corn, grapes, pumpkin, etc. I can also raise awareness by having volunteers to also help out to pick up trash, to talk about how trash affects our planet and animals, our animals are dying and going extinct. Our overuse of natural resources, hunting and destruction of natural habitats.

It's important to protect our planet because our forests, rivers, oceans and soils provide us with the food we eat, the air we breathe and the water we irrigate our crops with. We also rely on them for numerous other goods and services we depend on for our health, happiness and prosperity. We are facing many problems like pollution,

cutting trees, and using too many resources are harming our planet. If we do not act, future generations may face many difficulties. We must conserve nature by saving water, recycling waste, and planting more trees. If we do not take care of the planet, its climate and ecosystems, we undermine how our societies function, worsen our lives and perhaps most directly harm our well being.

